



LADIES FANTASY LEAGUE - 2008/2009 SEASON

Games included

All scheduled league matches, unfortunately it is going to be extremely difficult/impossible to ensure that all teams play the same number of games.

Teams included

The league will consist of all 5 Senior Ladies Teams.

How to pick a team

Every present captain of one of the 11 teams mentioned have allocated a position (goalkeeper, defender, midfielder or forward) and a rating to each of their players, a player can be rated between 1 and 10.

The rating of a player is calculated by their ability to score Fantasy Points, it is not calculated using the player's team and skill level. For instance, if the Fifth team centre forward scored at least a goal a game this year, and the First team centre forward only scored a goal every other game, then the Fifth team centre forward should be rated higher than the First team centre forward.

You have an imaginary £85 Million pounds to spend on 12 players, a team must include at least 2 players from each team. *

A team of 12 must consist of 1 goalkeeper, at least 3 defenders, 3 midfielders and 3 forwards, leaving 2 players that can be picked from any of the positions.

Scoring

A player can only score points if they actually play in one of the matches included in the league, they do not score points if their team plays but they do not. Each position scores differently:

Goalkeeper

conceding a goal/penalty flick: -1 per goal
clean sheet: +5
penalty flick saved: +3

Defender

team conceded a goal: -1 per goal
team had a clean sheet: +3

All Positions

The following points are the same for all players, regardless of position.

Appearance: +2 (for playing in a qualifying game) *

Goal: +3
Assist: +1
Green Card: -1
Yellow Card: -5
Red Card: -10

**** Rule change from 2007/08 season***

You will only score points from the game following your entry form being received by the Fantasy League committee

Notes on Scoring Points

There will undoubtedly be countless queries regarding points scored, the following notes are provided for guidance only. Any disputes will be settled by the fantasy league committee, whose decision is final:

- You are able to play in more than one "scoring" game per weekend, for instance if your "usual" team has a double header or you double up for a lower team.
- You will not score points if your "usual" game gets cancelled (and a walk-over is awarded), however if a walkover is awarded after the game takes place, the original result stands for fantasy league purposes.
- If you play for a team and sit on the bench for the entire match (it happens occasionally!!) you will not score any points for that match, but if you play for another team that day/weekend (even if it is not your usual team) then that will count (as long as you get on the pitch!!).
- If an outfield player plays out of position then there is no difference in the scoring, but if a goalkeeper plays out on pitch then they will not get any points for goals conceded or clean sheets.
- Assists – short corners/penalty stroke, the assist will be awarded to the player winning the short corner/penalty stroke. However if the short corner breaks down normal assist rules apply.

Transfers

There will be a "transfer window" (During the Christmas break) where you can transfer some (maximum of 3) players from your Fantasy Team.

Results

After each week the tables will be drawn up, for both the Men's League and the Ladies League.

There will be prizes on offer at the end of the year, to be presented at the end of season club dinner (to be confirmed). The two winners of the Fantasy Leagues (Men and Ladies) will receive a cash prize along with the second and third placed runners-up.

Teams will cost £10 to enter, with the money going to the club. You can enter as many teams as you like, but each team costs £10.

Results will appear on-line and in the clubhouse.

www.ipswichhockeyclub.co.uk