



## VRQ LEVEL ONE COACH AWARD – APPLICATION FORM

### LEVEL ONE HOCKEY COACH AWARD:

This is a Vocationally Related Award, made in partnership with 1<sup>st</sup> 4 Sport Awarding Body, giving an externally accredited qualification that sits on the National Qualifications Framework.

It is the minimum qualification for those who assist with hockey coaching sessions and is intended to provide the essential skills and knowledge necessary to run a safe and enjoyable session for players to be introduced to the game and helped to improve.

A formal assessment is included within the course and the candidate will be informed, after assessment, if they have been assessed as competent against the performance criteria. Candidates will also complete theory tasks during the course and be required to sit a multiple choice theory paper.

The candidate can expect the tutor to introduce:

- Basic techniques
- Principles of play
- Use of small-sided games
- The rules of the game
- Underpinning theory knowledge
- Skills to create a safe, enjoyable and effective environment

Those licensed at VRQ Level One will be entitled to coach under the supervision of a more qualified and experienced coach. They should only coach those skills that they are qualified to coach. ***The Level One Award will be an Assistant Award to comply with UK Coaching Certificate requirements.*** More advanced skills require additional training to ensure safe and effective coaching.

It is appropriate for VRQ Level One coaches to be working with juniors, school teams and lower level club teams under the supervision of a more senior coach.

### CANDIDATES:

The course is suitable for those with some experience of playing hockey, and perhaps of helping in a coaching or teaching environment.

The minimum age for accreditation is 16 years although it is recommended that candidates who are under 18 years of age attend a Leadership Course first. Applications from candidates under the age of 18 must be accompanied by a letter of support from their teacher or an accredited hockey coach. (This letter must include details of coaching experience, attitude and commitment, as they will be required to participate in reciprocal coaching during the course). For the purposes of Child Protection, candidates under the age of 18 shall only be able to coach in the role of Assistant Coach alongside a fully qualified adult.

### DATES:

Sunday 04 June 2006 1000 - 1730

Sunday 18 June 2006 1000 - 1730

Sunday 25 June 2006 1000 - 1730

This is a 21-hour course and candidates **must** attend all modules.

### VENUE:

Harleston Magpies Hockey Club, Shotford Heath, Harleston, Norfolk, IP21 5UF

### COST: £135

This includes England Hockey Course Registration Fee, Course Resources and voucher to download coaching material (one year subscription) from the web. If you have an email contact address please ensure that this is quoted on your application form.



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### **APPLICATIONS:**

The closing date for applications is Friday 5 May 2006. However, there are a limited number of places on the course and you are advised to submit your application as early as possible.

Receipt of applications will be acknowledged by email. If you do not have an email address or require a receipt please enclose a stamped addressed envelope.

The Course programme and joining instructions will be forwarded two weeks prior to the Course start date.

### **STAFF:**

The tutors will be Steve Baker and Jason Harness.



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**COURSE VENUE:** Harleston Magpies Hockey Club, Shotford Heath, Harleston, Norfolk, IP21 5UF

**Title (Mr/Mrs/Miss/Ms etc):** \_\_\_\_\_ **Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

\_\_\_\_\_

**Post Code:** \_\_\_\_\_

**Tel (home):** \_\_\_\_\_

**Tel (work/mobile):** \_\_\_\_\_

**EMail:** \_\_\_\_\_

**Date of Birth:** \_\_\_\_\_ *Please note that candidates under 18 years of age must include a letter of support from an accredited coach.*

**Name of School/College/Club:** \_\_\_\_\_

**Playing/Coaching Experience:** \_\_\_\_\_

\_\_\_\_\_

**Do you have any special needs?** \_\_\_\_\_

**or a disability?** \_\_\_\_\_

I acknowledge that the course fee cannot be refunded if I withdraw within seven days of the course.

**Signed:** \_\_\_\_\_ **Date:** \_\_\_\_\_

*(For candidates U18): I confirm that my child may participate in the Coach Award Course and that the appropriate Parental Consent Form will be completed on the first day of the Course.*

**Signed:** \_\_\_\_\_ **Parent/Guardian**

Payment **must** accompany this application form.  
Please make cheque payable to 'Waveney District Council' and return to:

Martin Fields  
Hockey Development Officer  
Suffolk Sports Partnership  
Waveney District Council  
Town Hall  
High Street  
Lowestoft  
Suffolk  
NR32 1HS

Tel: 07766 085910 Fax: 01502 514607 Email: martin.fields@waveney.gov.uk

**CLOSING DATE: FRIDAY 5 MAY 2006.**

Remember to enclose an s.a.e. if you require a receipt or do not have an email address.